

Learning in Motion - Job Shadowing in Hørby, Denmark

Six members of Friedrichschule Lahr discover a school where movement, community and trust are part of everyday learning.



An encounter that inspires change

Two teachers, two educational assistants and two students from Friedrichschule Lahr had the opportunity to experience Hørby-Dybvad School in northern Denmark. The job shadowing provided insights into lessons and school organisation, but above all into an educational mindset: school is understood as a shared space for living and learning.

Learning together - through movement

One of the strongest impressions was how naturally movement is integrated into the school day. Climbing structures, swings, trampolines and open outdoor areas invite students to be active. Movement is not treated as a break from learning, but as part of learning itself. Creative and practical activities complement classroom work and offer different ways to engage.



Less is more

Another idea stayed with the visitors: less is more. Clear structures, thoughtfully designed spaces and trust in children's independence create freedom without overloading the school day. For the colleagues from Friedrichschule, this offers an important impulse for future school development.

Participation and community

Inclusion is understood broadly: teaching and school activities are adapted so that all children can participate. Cooperation with local sports clubs also strengthens community and connects school with students' lives beyond the classroom. International learning, sustainability, digital education and wellbeing are treated as interconnected areas of school development.



A change of perspective - quite literally

One extraordinary part of the programme captured the spirit of trust and trying something new: one of the teachers was even given the opportunity to fly an aeroplane herself. It was an unforgettable change of perspective - quite literally.



What we take home

The job shadowing does not end with the journey home. The experiences from Hørby will now feed into the development of Friedrichschule Lahr: more learning through movement and cooperation, thoughtfully designed learning spaces, trust, and the courage to ask where less can truly be more.

“Learning together - through movement. And sometimes, less really is more.”